

Typical Retreat Schedule

Friday Night: (handled by the retreat group)

Arrive

Devotions

Saturday Morning

8:00 Breakfast

9:00 First Session (led by Lake Louise Retreat Leader)

10:30 Break

11:00 Second Session (led by Lake Louise Retreat Leader)

12:00 Lunch

1:00 – 4:00 Free Time

4:00 – 5:30 Third Session (led by Lake Louise Retreat Leader)

5:30 Dinner

Evening: Fun Event Planned by Retreat Group

Sunday

8:00 Breakfast

9:00 Worship (led by retreat group)